



GET READY TO TRAVEL!



ON TOUR WITH CAVALOR 



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In the winter season, many stables head for Southern Europe or UAE, in order to take part in tours. Or even for Florida to spend the winter there. Traveling has a huge effect on our horses: the journeys are long, tiring and are not always without stress either. Did you know that 1 hour of travel takes as much energy as 1 hour of stepping?

Good preparation before the trip, as well as purposeful care during and after travelling, contribute to your horse's optimal health. The nutritionists at Cavalor wrote a number of tips for good preparation and provide tips for travelling to go as smoothly as possible, so that your horse appears fit and healthy at the start.

TIP 1

BOOST YOUR HORSE'S RESISTANCE EVEN BEFORE LEAVING

Horses often experience stress during a trip. Stress causes an increase in adrenaline and cortisol, which suppresses resistance. In this way, stress makes horses more susceptible to infections. When arriving at locations with many different horses standing close to one another, where each horse brings its own microbes with it, there is a considerable risk of infections. This does not always mean that the horses are clearly ill, but it does have an effect on their performance.

A strong immune system helps horses to prevent infections and illnesses. Horses with good resistance are better able to defend themselves against harmful micro-organisms, such as viruses and bacteria. All the energy that horses put into fighting an infection is not able to be used for performing, improving their condition or building muscles. Therefore, horses with good resistance also perform better. Optimally support your horse's resistance before the trip starts.

PRODUCT RECOMMENDATIONS

Start with a supplement for supporting resistance at least 10 days before departure, such as Cavalor Resist + Vit C. And continue this for a few days after arrival as well. Cavalor Resist + Vit C is a mix including herbs and antioxidants, which support the immune system in different ways in order to maintain resistance.



PRODUCT RECOMMENDATIONS

Does your horse have difficulty drinking during transport? Then feed Cavalor Mash & Mix. It's ideal for rehydration and very palatable, making it enjoyable for horses to eat. Carrots are also ideal for getting enough moisture into your horse: a carrot consists of 90% water.



TIP 2

ADD A FLAVOUR TO THE WATER

In addition to fatigue, horses are also often dehydrated after a long trip. This is not ideal since dehydration may cause constipation colic and increase the chance of travel sickness. Therefore, it is important that horses drink enough during and after travelling.

Sometimes water tastes differently in a transport vehicle, which may cause your horse to not want to drink as much. If horses have difficulty with drinking enough water during the trip, it can help to add some flavour to their water. Begin this at home a few days before departure, so that your horses may already get used to it. Then, add the same flavour to the water during the trip. This helps to ensure that the horses drink enough while they are en route.

TIP 3

GIVE HORSES A LOT OF FIBER PRIOR TO DEPARTURE

A horse can lose up to 5% of its body weight during a 24-hour trip. In addition, trips also require a lot of energy. Therefore, it is important to ensure that your horse has sufficient energy during the trip. Give your horse enough water and fibre-rich feed before departure: this ensures that energy is released gradually, which is ideal for a long journey.

PRODUCT RECOMMENDATIONS

Give your horse the evening before departure a easily digestible mash with fibers and moisture, such as **Cavalor Strucomash Beet**. Prefer not to use a mash? Then opt for a fiber-rich muesli like **Cavalor FiberForce**. Repeat this also on the morning of departure and add extra electrolytes, such as **Cavalor Electroliq**, so that your horse can absorb all essential minerals and starts the journey hydrated.



PRODUCT RECOMMENDATIONS

Roughage is the most important to avoid stomach problems. If you want to give your horse extra support during the trip, consider **Cavalor Gastro Aid Paste**. This paste neutralises stomach acid and protects the stomach lining. It is in a convenient tube and is thus easy to administer during the trip.



TIP 4

GIVE YOUR HORSE ROUGHAGE DURING THE TRIP – PREFERABLY FROM THE GROUND

Make sure you always give your horse roughage during the trip. Sensitive horses can have stomach problems during travelling. Stress plays an important role in this, but also filling the stomach. A horse's stomach constantly produces stomach acid. When the stomach is empty, the stomach acid will irritate the stomach lining and cause sores or ulcers.

Always give roughage from on the ground during stops, in order to prevent infections such as travel fever. On order to avoid infections, such as travel fever, ensure that your horse can move its head downward. In this way, your horse can cough up bacteria.

TIP 5

REST IS THE BEST MEDICINE FOR RECOVERY DURING A LONG TRIP

Travelling has a big impact on our horses' bodies. Therefore, give your horse time to rest upon arrival. Minimize commotion around the stables, provide enough roughage, water, and electrolytes to contribute to a proper recovery. This way, you ensure that after a long journey, your horse is fit-to-compete again.

ESSENTIAL WHILE TRAVELLING



"When we are on the road, we always have Cavalor Emergency 911 with us.

This paste is specifically designed for horses that experience discomfort during travels, such as digestive issues, loose stool, or sensitivity to colic. This supplement efficiently and quickly restores balance to the intestines. Perfect for travel and absolutely essential for us on the go!"



Olivier Philippaerts
Showjumping

CHECKLIST

☐ **10 days before leaving:** Boost resistance: start with a course of Cavalor Resist + Vit C

☐ **3 days before leaving:** Add flavour to the water

☐ **Evening before leaving:** Provide extra fiber and water with a mash or a fiber-rich muesli.

☐ **Couple of hours before departure:** Don't forget electrolytes! And give sensitive horses a tube of Cavalor Gastro Aid Paste and / or Emergency 911.

☐ **Don't forget to bring:** Cavalor Emergency 911



CAVALOR ON TOUR

Cavalor feeds, supplements, and care products are available worldwide. So, you can also rely on Cavalor products during various competition tours. We are happy to assist you on your journey!

IMPORTANT

Place your orders in a time and consider local prices, conditions, and delivery times.

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Do not hesitate to contact us via info@cavalor.com or through our **Consumer line: +329 220 25 25** for more information or inquiries.

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